



# Jodi's Gym

## To Go

at

T H E  
G Y M



**Jodi's Gym** has been providing the highest level of fun and fitness to NY kids for 30 years. You won't find a more attentive, caring, knowledgeable, and enthusiastic staff anywhere. Each one of our staff is USA Gymnastics safety certified, and goes through an extensive training program. Learn more about us at [www.jodisgym.com](http://www.jodisgym.com)

Registering your child for **Jodi's Gym** classes at **THE GYM** is the perfect way for both you and your child to enjoy the benefits of exercise! Sign up for a **Jodi's Gym** class and you get one complimentary workout each week during the Fall/Winter 2011 session at **THE GYM** too!

**FALL 2011 SESSION**  
Sept 15<sup>th</sup> to Jan 26<sup>th</sup>

**SCHEDULE:**

**Thursday**  
10:00-10:40 **Mighty Muscle Movers (15-35 mos)**  
10:50-11:30 **Mighty Muscle Movers (15-35 mos)**  
1:00-1:50 **Tumbling Tots (3-5 yrs)**

**TUITION:**

9/15-1/26 (17 weeks)  
**Mighty Muscle Movers: \$495**  
**Tumbling Tots: \$515**

**Mighty Muscle Movers (15-35 mos)**  
Come join us for 40 minutes of non-stop action. Our enthusiastic teachers will lead you (or a caregiver) and your child through an exciting class filled with running, jumping, swinging and stretching. Our Mommy & Me program will make every toddler want to jump for joy! Class time includes free play, circle time, bubble time, parachute play and supervised exploration in our fun and fantastic gym...just the right size for tiny tumblers!

**Tumbling Tots (3-5 years)**  
Do you have a preschooler who is always on the move? Our 50 minute Tumbling Tots program will keep them flippin' head over heels! The fundamentals for gymnastics (and all sports) are developed as children improve their skills on balance beams, bars, tumbling, floor work, vault and so much more! In a class filled with giggles and laughter, your child will develop self confidence while experiencing the joys of gymnastics.

**Register by calling Jodi's Gym at 914.244.8811**